

Peterborough THE KAWARTHAS

Official Travel Guide



Discover the top must-photograph locations

Join us for 4 seasons of fun along Canada's Treasured Waterway

Look for the heart icon for the best-of Peterborough & the Kawarthas



"It's interesting to view the seasons as they impact and change the region throughout the year. The difference between summer and winter affects not only the landscape, but also how we interact with our environment. Taking a photo of a landscape 6 months apart can give you such a different image that it seems as if the photos were taken on different planets. With planning and preparation it becomes possible to shoot the same location multiple times a year, several months apart. Stitching these photos together into a single multi-season canvas shows the juxtaposition and contrast of the seasons in a special way. " - Justen Soule Photographer/Videographer Peterborough & the Kawarthas

An Ode to Peterborough & the Kawarthas

Do you remember that moment? Where time stood still? Where life just seemed so clear. So natural. So simple?

Life is made up of these seemingly small moments and the places where memories are made.

We were children here. We splashed carefree dockside by day, with sunshine and ice cream all over our faces. By night, we stared up from the warmth of a campfire at a wide starry sky fascinated by its bright and wondrous beauty.

We were young and idealistic here. In a vibrant, heritage city we ignited our passions while we sipped beer and discussed how we would change the world. It is from this place that we learned to appreciate the little things

and to paddle our own canoe.

We escape here. Life isn't all about those simple moments and sometimes "the grind" grinds us down and we yearn to get away, to get a piece of ourselves back.

We come here to recharge and refocus – to share a meal made of simple, farm-fresh ingredients with friends (old & new) – to get away until we've found ourselves again.

We grow here. Remaining as drawn to this place as ever, as it evolves and changes, yet remains as brilliant in our recollections as it does in our current realities. We love this extraordinary place that roots us in simple moments and real connections that will bring us back to this place throughout the seasons of our life.

We continue to be in awe here.

To expect the unexpected. To push the limits on seemingly limitless opportunities. A place with rugged wilderness as Canadian as the Canadian Shield itself, lakes of bright, shining waters and rolling farmlands, woven with the ever flowing energy of the Trent-Severn Waterway.

This is our ode to a place that is outside the ordinary. This place is Peterborough & the Kawarthas.

#Thisisptbo





Visitor Information

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For Visitor Centre information, please visit **thekawarthas.ca/ visitor-centre**

Peterborough & the Kawarthas
Tourism is a division of
Peterborough & the Kawarthas
Economic Development and
is the Official Destination
Marketing Organization for the
region, consisting of the City
of Peterborough, as well as the
eight rural townships and two
First Nations in the County of
Peterborough, Ontario, Canada.

We respectfully acknowledge that we gather and reside on the traditional land of the Mississaugi Anishnaabe.

Proudly located in



Cover Art: Justen Soule

Ottawa, ON

Windsor, ON

Detroit, MI

Niagara Falls, ON

Distance - 270km, Drive Time 3h 10 min

Distance - 266km, Drive Time 2h 48 min

Distance - 494km, Drive Time 4h 52 min

Distance - 520km, Drive Time 6h 20 min

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Amazing things to do





08
Technicolour
Road Trips

Watch for this icon throughout this guide to discover the best photo opps in Peterborough & the Kawarthas

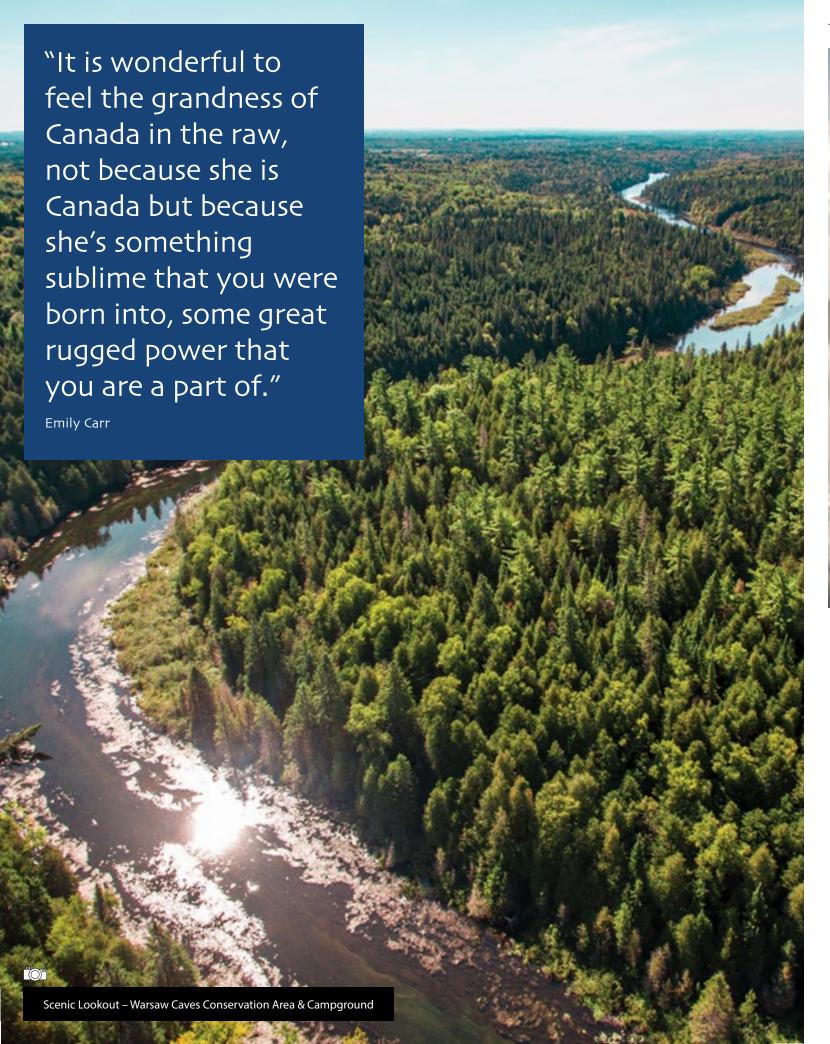
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Windsor

Note

Map not

to scale





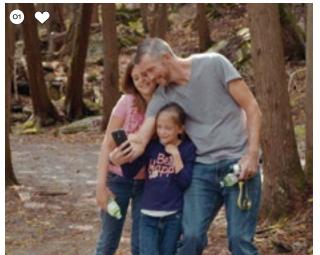


Real Nature

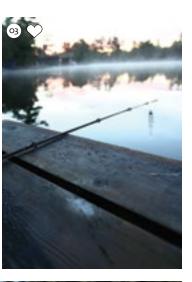
Water. The Flow of Life.

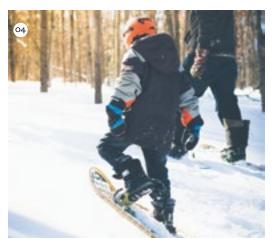
It connects us all, and its spirit moves all through Peterborough & the Kawarthas. Eons ago, it shaped this very land when vast glaciers formed and then melted into rushing rivers, forming rolling drumlins, giving us the land between.

Dip your paddle deep into time. Travel along the routes of the voyageurs in a vessel that helped create the Nation we call Canada and formed an ever-lasting identity for this region as the birthplace of the modern canoe.











No Filter Needed

» thekawarthas.ca/explore

Explore a series of 7 caves, follow the sounds of the disappearing river and stop to reflect at one of the area's most scenic lookouts. 02

Spelunking in Glacier-formed Caves Technicolour Road Trips

Mother Nature shows her true colours in the fall – follow our rural routes on a scenic tour - by motorcycle, car, boat or bike. There's nothing quite like a fall road trip in the Kawarthas.

03

Get Hooked

The Kawarthas are synonymous with fishing – our unique blend of cool and warm water lakes make us a favourite, year-round. You can catch more varieties of fish here than almost anywhere else in Ontario.

04

Chill Out

Strap on a pair of snowshoes or cross-country skis and head out to explore a winter wonderland in true Canadian fashion. It's a breath of fresh air on our trails.



Local Favourite: Check this off your bucket list – Paddle through the world's highest hydraulic lift lock in a voyageur canoe. » www.canoemuseum.ca







05

Dip. Trip.

Whether you're dipping your paddle into the still waters of a wilderness lake or adrenaline-filled rapids, you'll discover why we're home to Canada's Treasured Waterway.

06

Our Beaches are Peaches

Going to the beach shouldn't be like squeezing into a sandy sardine tin. Our shorelines are dotted with sandy hideaways and playgrounds for the young and young-at-heart.

Cache the Fever

Peterborough & the Kawarthas is a treasure for geocachers - there are thousands of caches throughout the region waiting to be discovered by you.

08

Trail Mix

All roads lead to trails...and more trails. Trails for walking, hiking, cycling, cross-country skiing and snowshoeing. No matter what your fitness level, we have a trail for you.

Grab Life by the Handlebars

The geography of our region makes it a cyclists dream.

Take it easy on flat terrain and paved trails, get gritty on gravel, hold tight in the forest and test your endurance over hills and down dales.

» thekawarthas.ca/cycling

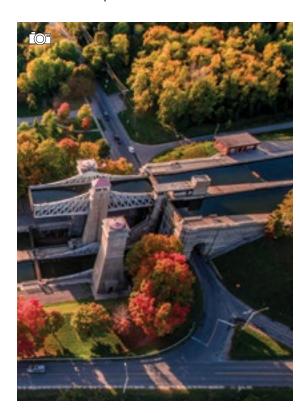


© DISCOVER NATURE 9

Our **National** Treasure

This engineering marvel is the highest hydraulic lift lock in the world, lifting boats 19.8 meters in the air providing a view like no other.

Opened with great fanfare in 1904, the Peterborough Lift Lock towers almost 20 m (65ft) above the Trent Canal. Powered by gravity it lifts two counter-balanced, bath-tub like chambers over an elevation that once would have required several locks to achieve.



Top Resort Activities

Snow Kiteboarding Weekend

Difficulty Level: Beginner to Intermediate Need to know: A weekend full of demos, lessons and a swap meet at Elmhirst's Resort.

Fun for Fido

Pet Friendly Places: Viamede Resort, Lake Edge Cottages

Need to know: Whether it's staying at Lake Edge Cottages in a pet-inspired cottage or letting your furry family member loose in the off-leash dog park at Viamede Resort, one thing is certain – your next vacation can include your whole family!

Water Toys

Free Perks: Kayaks, canoes, paddleboats and more

Need to know: Many resorts in the area offer complimentary water activities such as Pine Vista Resort. Non motorized activities are free, or you can rent a fishing or pontoon boat to explore Stoney Lake.

Take a Hike

Grab a Map and Explore: Many of our resorts offer self-guided trail adventures on-site for nature lovers, complimentary maps included.

Need to know: Beachwood Resort has 5 km of marked wooded trails through mature forest and lush meadows. Great for bird watching.

Ice is Nice (so is snow)

Carve out some time: Whether it's ice fishing, an old-fashioned game of shinney or curling, embrace winter in the Kawarthas!

Need to know: Fish fanatics will love Three Castles Resort.

See more lists at

Top 5 natureinspired activities

01 "Path of the **Masters Plein** Air Painting" with The Land Canadian **Adventures**

Axe Throwing at Peterborough Axe Club

02

03 Outdoor Adventure Games at **Escape Maze**

Scenic Flights with Free Spirit **Adventures**



Rock Climbing at Rock and **Rope Climbing** Centre

thekawarthas.ca/ thisisliving



10 Signature Paddling Routes

» thekawarthas.ca/paddling

Indian River Descent

Difficulty: Intermediate Distance: 42km one way Portages: 2: Hope Mill and Lang Pioneer Village

Upper Indian River

Difficulty: Easy Distance: 5km one way Portages: None



Little Lake

Difficulty: Novice Distance: 6.5km loop Portages: None



Nogies Creek

Difficulty: Intermediate-Easy Distance: 5km one way Portages: 1



Serpentine Loop at **Kawartha Highlands**

Difficulty: Novice Distance: 21km return Portages: 8



Southern Ponds at Kawartha Highlands

Difficulty: Novice Distance: 8km round trip Portages: 4 each way

Sucker Lake

Difficulty: Novice Distance: 4km round trip Portages: 2 each way



Long Lake Loop

Difficulty: Intermediate Distance: 18-22km round trip Portages 4



Mississauga River at **Kawartha Highlands**

Difficulty: Intermediate Distance: 21 km one way (shuttle required) Portages: 18



Eels Creek

A. Haultain to Northey's Bay

Difficulty: Intermediate Distance: 7km Portages: 3 in summer (less in spring)

B. Northey's Bay to High Falls

Difficulty: Intermediate Distance: 4km Portages: None 2 pullovers may be necessary

Briagh & Bretton

Co-Founders of The Land Canadian Adventures



Since our return from Chile to the Kawarthas in 2012 we have co-founded The Land Canadian Adventures, won a local entrepreneurial competition, been married and had 2 children - the incomparably adorable Lily and Avery. We do love an adventure!

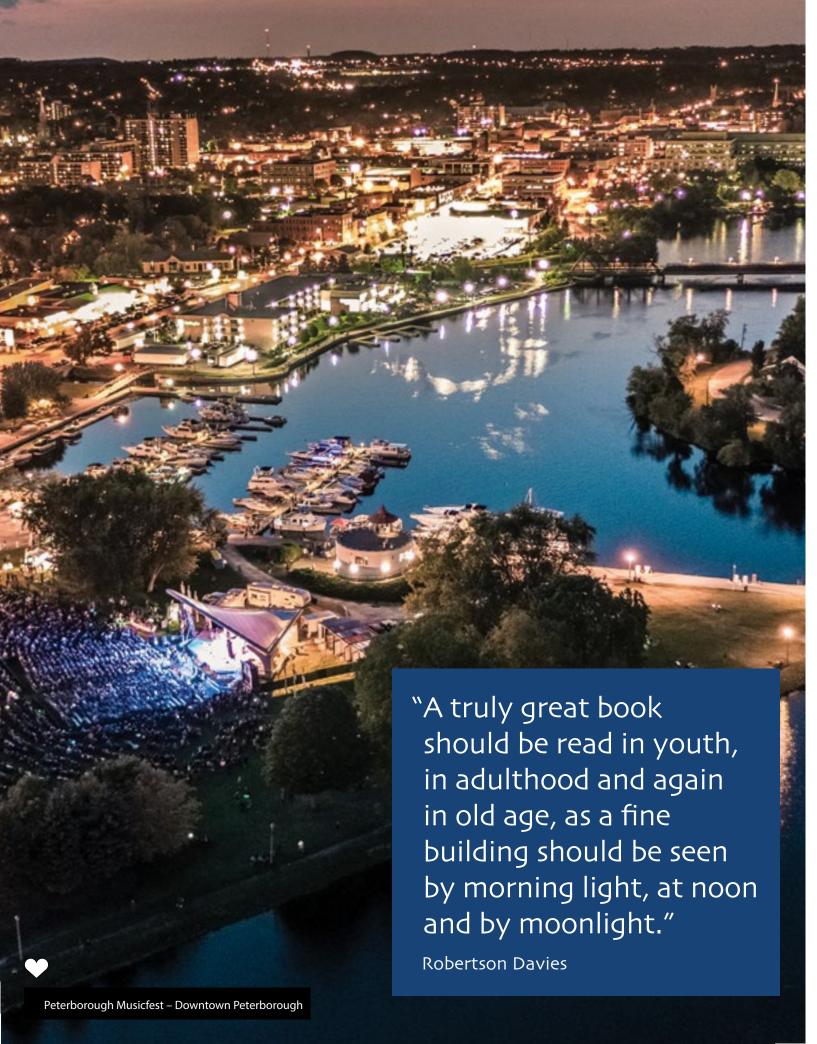
Our small business specializes in all-inclusive, four-seasons, day excursions, overnight trips and outdoor team building in the Kawarthas' most beautiful locations. Canoeing when the water is open and trekking by snow shoe during the winter months. Working with international students teaching English as a Second Language (ESL) both abroad and in Canada has allowed us to learn so much about the cultures, languages and philosophies from all over our planet. We are committed to sharing what we love most about living in Peterborough & the Kawarthas as a young family with people from around the world or around the corner.

BRIAGH & BRETTON'S TOP 3 RECOMMENDATIONS

- **01** Paddling Routes in Kawartha Highlands Provincial Park
- **02** Winter Camping in the Kawarthas
- 03 5 Reasons Fall Paddling in the Kawarthas is the Best
- » thekawarthas.ca/insider

Local Favourite: Check this off your bucket list – Ice skating under the stars at the Peterborough Lift Lock, or snowshoeing the wilderness at Westwind Inn.

PETERBOROUGH & THE KAWARTHAS DISCOVER NATURE 11







Word Travels

The Past is Present

It's no coincidence that Canadian literary greats such as Robertson Davies, Margaret Laurence, Catharine Parr Traill and Susanna Moodie chose Peterborough & the Kawarthas as their muse – and like a great book, this is the kind of place that is often visited

generation after generation as families and couples return to renew their connections to this region that is steeped in history and bursting at the seams with endless adventure, no matter the time of day or the season. Where will you find your connection?











Discover a True First

» thekawarthas.ca/explore

See Canada by Canoe

View the largest collection of canoes, kayaks and paddled watercraft in the world, learn about the rich canoe building culture in Peterborough & the Kawarthas and carve your own paddle at the Canadian Canoe Museum.

Carve out some "you" time at **Zimart Rice Lake Gallery**

This unique sculpture park is home to the most comprehensive, eclectic selection of Zimbabwean stone sculpture in Canada. It's a must-see destination for art lovers of all ages. Meet the artist-inresidence, or take a class.

Have a Rock Solid Experience

At Petroglyphs Provincial Park, where you can view the largest known concentration of indiginous rock carvings in Canada. Hike the trails, enjoy the bright blue-green McGinnis Lake and learn traditions of the Ojibway people through the teachings of the Medicine Wheel.

Step Back in Time

At Lang Pioneer Village Museum to experience Peterborough County of yesteryear. A living history museum nestled along the banks of the historic Indian River. Featuring over twenty-five restored and furnished buildings constructed

between 1825 and 1899.



Local Favourite: Check this off your bucket list – See two of only a handful of authentic Jacquard Looms that can be viewed in North America at Lang Pioneer Village. » www.langpioneervillage.ca







05

A Snapshot of History

The Peterborough Museum & Archives features an impressive accounting of Peterborough's history including nationally-designated collections such as the Roy Diaries, Parks Studio Fonds and the Catharine Parr Traill Herbarium.

06

Inspiration en Plein Air

Nature has always inspired creativity and innovation here - Idyllic, rural, and quintessentially Canadian, each year the 4th Line Theatre Company presents Canadian plays – written by and about Canadians. This magical theatre presents unforgettable outdoor theatrical experiences in July & August.

The Art of Entertainment

For a mid-sized city, Peterborough has big chops in the performing arts – from the historic Market Hall to the grand Showplace Performance Centre, there's a never-ending supply of entertaining experiences for you and yours.

80

Art is in the Air

And on the walls of coffee shops and businesses, in small artist galleries, attics and studios, along trails, parks and rural roads. You won't have a hard time finding a piece to take home, but you will have a hard time choosing!

Hands On Fun

There's nothing quite like the satisfaction of creating something from scratch by hand. Paint, carve, sculpt, weave, stitch and make your own way!

» thekawarthas.ca/hands-on-experiences



PETERBOROUGH & THE KAWARTHAS DISCOVER CULTURE 15

Lakes that Rock, Streets that Roll

"It's a hotbed of undiscovered talent," says local musician and actor Beau Dixon, whose soul and funk riffs are often heard downtown. He's just one of a growing throng of musicians eager to sing the praises of Peterborough as a venue for great music.

"It's a hotbed of undiscovered talent"

The Spades are from Peterborough. Serena Ryder grew up in Millbrook. Three Days Grace began in Norwood. Ronnie Hawkins' cottage is a landmark on Stoney Lake and Stompin' Tom Connors got his name here. These are among the more familiar names that owe at least some of their success in the music biz to their connection to Peterborough & the Kawarthas. There's definitely "something in the water" here...

Considering its size, Peterborough has left an impressive mark on the music scene. There's something contagious going on here, and you can't help but catch the music bug when you visit.



Find Your Inspiration

Hutchison House

What: A living history museum offering a glimpse of Ontario in the 1800's.

Highlights: Scottish Tea, One of Sir Sandford Fleming's original maps of Peterborough, Period gardens including cooking & medicinal herb gardens.

Pow Wows

What: There are two traditional pow wows a year in this region.

Highlights: Hiawatha First Nation Pow Wow
–Spring, Curve Lake First Nations Pow
Wow –Fall

Studio Tours

What: Self guided studio tours set amongst the meandering rural roads of Peterborough & the Kawarthas.

Highlights: Kawartha Autumn Studio Tour – a juried studio tour of 40+ artists galleries, Apsley Autumn Studio Tour – located in North Kawartha, enjoy tucked away studios in true Kawarthas Cottage Country

Hunting & Gathering (Retail Therapy)

What: Looking for something unique that can only be found in Peterborough & the Kawarthas?

Highlights: Downtown Peterborough, Downtown Lakefield, Downtown Millbrook

Galeries Galore

What: This community is filled with creative folks, and you can check out their master pieces and others in just about every community here.

Highlights: Art Gallery of Peterborough, Gallery on the Lake, Galerie Q Hidden
Gems in
Peterborough
& the
Kawarthas

Riverview Park & Zoo

Canada's only free admission CAZA/ AZAC accredited Zoo, this is a local favourite.

02

Indian River Reptile Zoo

Canada's only registered nonprofit reptile facility and sanctuary.

03

Whetung Ojibwa Gallery

Spectacular collection of Native crafts, clothing, jewellery and art from Curve Lake First Nation and across Canada.

04

OFAH Hunting & Fishing Heritage Centre:

Large collection of Canadian Wildlife displays, antique lure and decoy exhibit, warm water fish aquarium and record fish wall.



See more lists at thekawarthas.ca/ thisisliving



A Literary Weekend in Peterborough & the Kawarthas

0

Day 1 Morning Lakefield, ON

Walk in the footsteps of Susanna Moodie, Catharine Parr Traill and Margaret Laurence

0

Day 1 Afternoon Lakefield, ON

After a bistro lunch, check out Christ Church Community Museum and pop into a book store or two



Day 1 Evening Peterborough, ON

Scenic drive into the city for a fun filled night out for dinner and a poetry slam and an overnight stay down the street from the former home of cherished Canadian author Robertson Davies

4

Day 2 Morning Peterborough, ON

Take a stroll down "book row" on Water Street before heading to Hutchison House Museum, where you can pick from their top notch selection of in-print interest titles



Day 2 Afternoon Keene, ON

Travel back in time at Lang Pioneer Village and experience the life of a 19th century settler, a glimpse of the lives of Susanna Moodie & Catharine Parr Traill



Day 2 Evening Millbrook, ON

After a delicious dinner, take in some local theatre at the Peterborough Theatre Guild, or travel a little further to 4th Line Theatre in Millbrook

» thekawarthas.ca/literary

Doug O'Neill

Multi platform writer/ content producer



Doug O'Neill's travel credo goes something like this: "The best way to connect with locals and tap into the 'real flavour' of a destination is to ask where you can get a hair cut, buy shoe laces, get a good coffee outside the city centre or what's the shortest route to the bus depot. If none of those work, simply ask where you can buy an adaptor for your mobile phone. Trust me, you'll be sent in every direction under the sun – and isn't that the best way of discovering a place?"

O'Neill, originally from a small Ontario hamlet called Phelpston ("it boasted a population of 139 when I left town after high school") but now based in Toronto, also appreciates the benefit of having local connections. "If I catch wind that the second cousin of my neighbour's daughter's mechanic lives in a place, I'm on the phone the minute I arrive," says O'Neill, who discovered (much to his surprise) that he had various connections to Peterborough & the Kawarthas which he's been using to get the inside scoop on our region.

"My cousin ended up working in Peterborough for a while, my best friend went to Fleming College in Peterborough and ended up buying a house there, and one of my hiking pals is close friends with the owner of a local Peterborough cafe... Trust me, those connections are better than any guide book!"

DOUG'S TOP 3 RECOMMENDATIONS

- **01** Back to the Land: Kawarthas is for Nature Lovers
- **02** Margaret Laurence: Exploring her "Divine" Lakefield neighbourhood
- **03** Brothers Can you Play Me a Tune?
- » thekawarthas.ca/insider

₱ DISCOVER CULTURE 17

Every destination has its iconic and time-honoured "must see and do" experiences that exemplify what a place is all about.

Peterborough & the Kawarthas is no exception.









Andrew Shufelt - Fall Fishing



Ann Douglas - Ecology Park Children's Garden



Kevin Callan - Paddling home from Kawartha Highlands



Michael Hurcomb - Muddy's Pit BBQ



Michael Fazackerly – Evans Contemporary Gallery

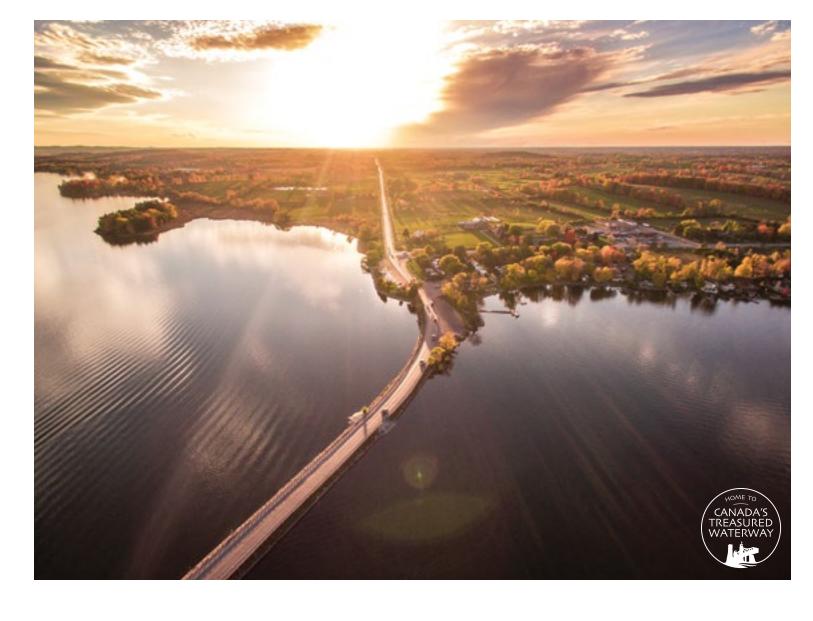


@thekawarthas

We've highlighted some of our very best in this Travel Guide, but there is *so much more* we want to share with you.

We've enlisted the help of some passionate insiders who have a genuine love for this region to help us share the fresh, natural and inspiring experiences you probably didn't know about.

For an authentic look at what makes Peterborough & the Kawarthas unlike any other, visit **thekawarthas.ca/insider**



Canada's Treasured Waterway

Relax, and float along the Trent-Severn at life's true tempo. Follow the course of this treasured waterway that stretches from a great lake to a greater ocean. Follow it through cozy locks and wide-open waters, through charming

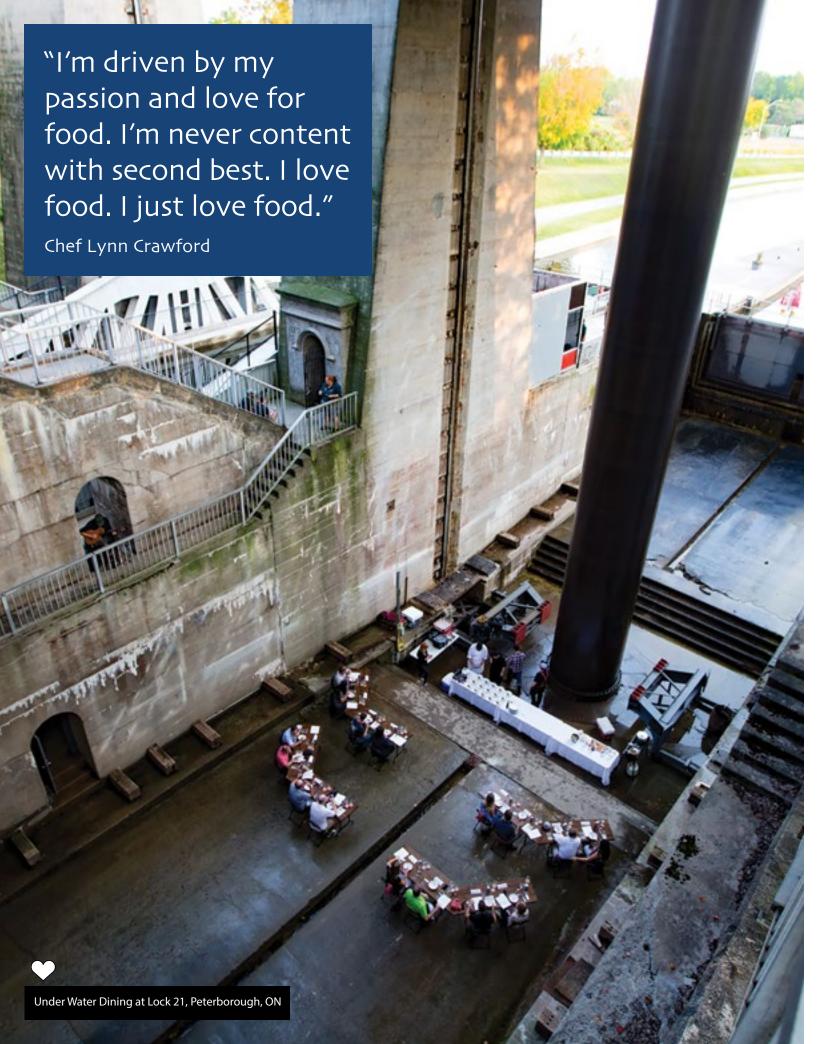
towns and storied wilderness. Inevitably, the currents draw you in to the City, a city with a lake at its heart and culture in its soul. You'll know when you've arrived.

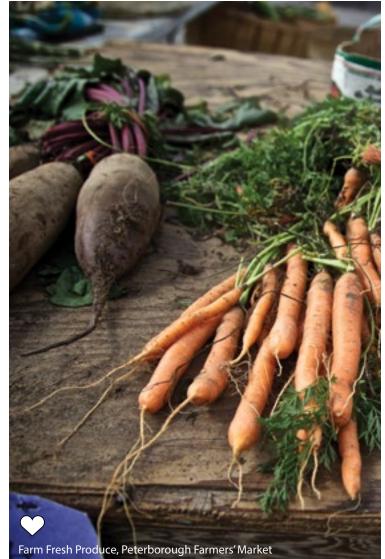
Find your connection to Canada's Treasured Waterway

» thekawarthas.ca/Canadas-treasured-waterway

PETERBOROUGH & THE KAWARTHAS

9 TRENT - SEVERN WATERWAY 19







Honest Goodness

An Authentic Taste of Place

To truly understand a destination, you have to experience local flavours in order to connect with the people and the culture. Food and drink has a way of connecting you with the land, the history of place and its people.

Whether its heirloom seeds, heritage breeds or an innovative new product, we invite you to join us at our table to savour an authentic taste of Peterborough & the Kawarthas.











Local Flavour

» thekawarthas.ca/explore

01

Be Our Guest

The new wave in local cuisine is not new in Peterborough & the Kawarthas. For years, the fruits of our centuries-old farmlands and passionate producers have been, and continue to be the most important ingredient in our vibrant local food scene. Visit our table at a restaurant or café.

02

In the Market for Great Eats?

Then this place is for you. There is a farmers' market almost every day of the week throughout the region, including the famous Saturday Peterborough Farmers' Market which is 190+ years old.

03 Café District

Need we say more? This interesting, dynamic downtown area is overflowing with an incredible variety of global and local cuisine.

04

Tap Into Family Fun

There's nothing more delicious, or quintessentially Canadian than maple syrup, and McLean's Berry Farm has created a festival to celebrate it! From maple taffy to exploring the sugar bush on snowshoes, it's guaranteed fun for the whole family.



Local Favourite: Check this off your bucket list – Under Water Dining at Lock 21 - a hands on historical dining experience through, inside and under the world's highest hydraulic liftlock. » thekawarthas.ca/UWD







05

Chip. Truck. Trail

It's a thing. And it's delicious. There's nothing as cottage-country as chip trucks and we have plenty of them.

06

Cycle-Friendly Cafés

Bikes, caffeine and good food go together like PB&J. Cyclists will want to add Pastry Peddler in Millbrook and the Silver Bean Café in Peterborough to their list of places to stop and enjoy.

07

Global Flavours

Craving Mexican, Indian, Thai, Southern, Chinese, Japanese, Middle-Eastern, Parisian, Belgian, Vegan, Caribbean, Italian, Greek, Canadian or homegrown... the list goes on.

08

Craving Festival Fun?

These food-focused events will satiate you! Purple Onion Festival, Rhubarb Spring Fling, Kawartha Craft Beer Festival, Rotary Ribfest, Maplefest and more.



Brews, Bites and Barns

One of Ontario's Brewery
Discovery Routes is waiting to
raise a glass to you and yours!
From the area's best craft
beverages to FeastON dining
and natural attractions that
will leave you hungry for more,
this is a bucket-list worthy
adventure in Peterborough &
the Kawarthas.

» thekawarthas.ca/brews

DISCOVER FOOD & DRINK 23

Ooey, Gooey Goodness

If you've never had a butter tart, you really should. If you have, you just might find your new favourite here.

The Kawarthas Northumberland Butter Tart Tour is a must-do. Award-winning locations such as Doo Doo's Bakery and the Whistle Stop Café await!

http://buttertarttour.ca/



Farm Inspired Experiences

Harley Farms

A High Welfare Certified, Organic Principled farm in Keene, ON, SPCA Certified.

Highlights: Farm Tours, Farm Store, Film/ Photography Friendly

Elmhirst's Resort

A cottage resort focused on environmental sustainability with a 240-acre property, passed along from one generation to the next.

Highlights: Farm Tours, Saddle Club, Feed the chickens and collect the eggs, fish fry

Cross Wind Farms

Specializing in hand crafted and sustainably made goat milk, cheese, and yogurt, hand crafted and sustainably made soaps, body butters, cleansers, scrubs, and bath powders.

Highlights: Artisan Chevre, Cheddar and Feta

Traynor Farms

Family owned, local-market farm providing a year-round venue to source locally produced, traditionally grown foods using regenerative farming practices.

Highlights: Farm Market & Store, ready made meals

McLean & Buckhorn Berry Farms

Welcoming the public to their farm whenever possible to create connections between you and your food so that you can see where and how it's grown, while enjoying some of the best tasting local produce this region has to offer.

Highlights: Pick Your Own, Farm Store Pumpkinfest, Maplefest

Local Favourite: Check this off your bucket list – Ride your motorcycle along the scenic rural roads overlooking Rice Lake and stop for some of the best BBQ in the Kawarthas at Muddy's Pit BBQ.

Local Flavour

01

Tres Hombres
A celebration of
epicurean life in
the Kawarthas
through secret
culinary gatherings
in previously
undisclosed
unconventional
venues.

02

Culinary Tours
Explore downtown
Peterborough's
culinary prowess on
a food tour.

03

Red Fife Wheat

Showcased at Lang Pioneer Village, this heritage grain is featured in everything from the Olde Stone Brewing Company's Red Fife Wheat Ale and Black's Distillery vodka to blackhoney's localicious bars.



Square Nail Pork
Large English
Black heritage pigs
from Hawthorne
Ridge Farm, the
spent grains from
Publican House's
Square Nail Pale Ale
and local butcher

See more lists at thekawarthas.ca/ thisisliving

shop, Primal Cuts = deliciousness.

Meet some of the Chefs of Peterborough & the Kawarthas

» thekawarthas.ca/chefs

U

Meet Chef Brad Watt

Where: Rare Grill House & Publican House Restaurant
Downtown Peterborough

Food Philosophy: Do the small things well and the rest will become better. Search out all the best of what is around you.



Meet Chef Lesley Kirkland

Where: Lantern Restaurant & Grill Douro-Dummer Food Philosophy: Cook honestly.



3

Meet Chef Michael Henson

Where: Frederick's at Beachwood Resort Selwyn Township Food Philosophy: Food excellence comes from passion and local ingredients.



Meet Chef Lisa Dixon

Where: blackhoney Desserts Coffee & Catering

Downtown Peterborough

Food Philosophy:

Know the earth you stand on, be aware of those who prepare your wares & love the knowledge of the unknowing.



6

Meet Chef Sam Sayer

Where: Sam's Place
Downtown Peterborough
Food Philosophy:
It's simple, food is love.



Meet Chef Colin Hall

Where: Pastry Peddler Millbrook, ON

Food Philosophy:

Start with good ingredients, respect those ingredients, good food will follow. Fast food is never good, and good food is never fast.





Jay & Jennifer

Chef & Professional Home Economist

Jay Nutt, previous chef/owner of a popular Café in Lakefield, is now Food & Beverage Service Manager at Elmhirst's Resort.

A graduate of NAIT's Culinary Arts program, he has worked and traveled across the country with stops at Jasper Park Lodge, Toronto's King Edward Hotel, and the Delta Prince Edward in Charlottetown.

Professional Home Economist Jennifer
MacKenzie is a freelance food writer, recipe
developer, tester and editor, and media
spokesperson. Jennifer is the author of six
cookbooks, and writes regularly for websites
and publications such as the LCBO's Food
& Drink magazine. Jennifer has tested and
recipe-edited over one hundred cookbooks on
every subject from soup to coconut.

Jennifer and Jay live on a little piece of Kawartha waterfront in Buckhorn, Ontario with their dogs, Diva and Benny.

JAY & JENNIFER'S TOP 3 RECOMMENDATIONS

01 BBQ & Brews

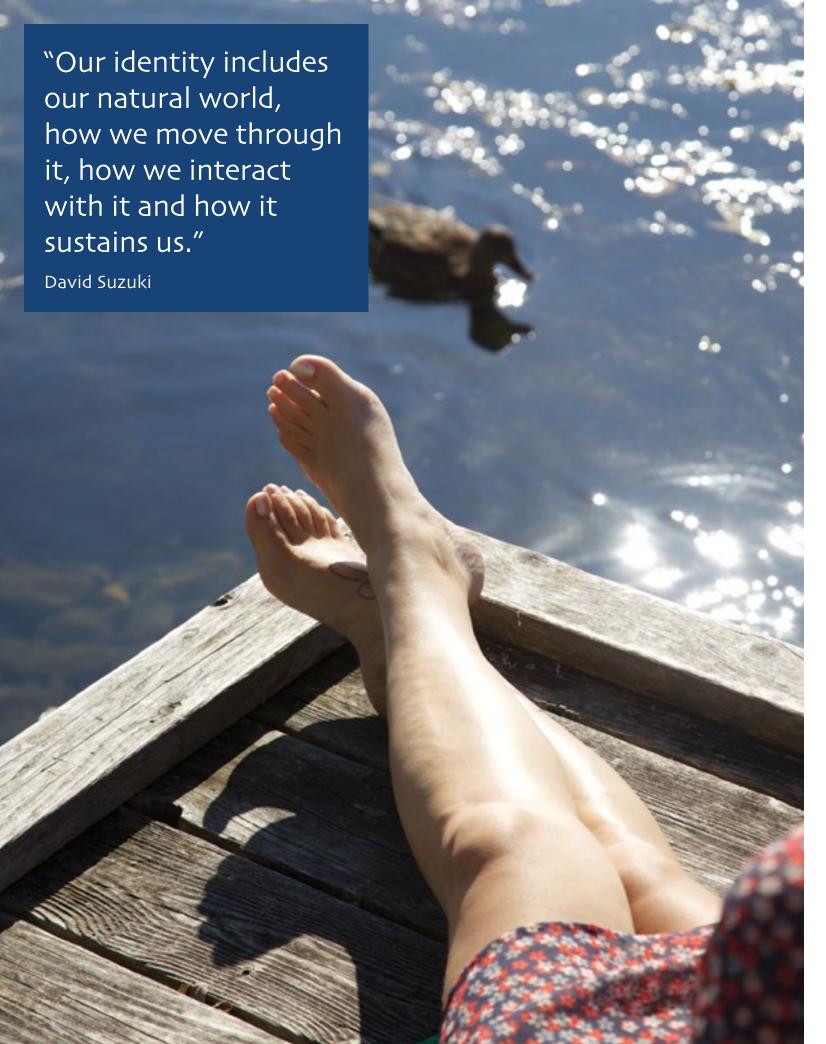
02 Red Fife Wheat

A Peterborough discovery in bread baskets across the country

03 A Day in the Life of a Farmers' Market Farmer

» thekawarthas.ca/insider

DISCOVER FOOD & DRINK 25



Accommodations

Bed & Breakfasts,	St	ites	St	λlγ	t ı stay	
Guest Houses	# of Rooms	# of Ensuites	Private Bathrooms	Pet Friendly	Two Night Minimum stay	Water Access
Benson Bennet House 180 Benson Ave., Peterborough, Ontario 705-743-4857 bensonbennet.com	4	1				
Burley's Garden Suite 2604 Television Rd., Peterborough, Ontario 705-745-8322 burleys.ca	2		•			
Casa Java Bed and Breakfast 2499 Keitel Dr., Peterborough, Ontario 705-874-5239 bbcanada.com/13015.html	2	1	•			
Country Blessings B&B Retreat 336 Gifford Dr., Ennismore, Ontario 705-292-9999 countryblessings.ca	1	1	•	•		
Country Gables Bed & Breakfast 265 Belmont 3rd Line, Havelock, Ontario 705-778-7871 countrygablesbb.com	4	1				
Gethsemane Rest B&B on the Lake 906 Kelly Blvd., Bridgenorth, Ontario 705-292-6045 bedandbreakfastinbridgenorth.com	1	1				Chemong Lake
Golden Pathways Retreat and B&B 3075 Wallace Point Rd., Otonabee-South Monaghan, Ontario 1-866-287-2317 goldenpathwaysbb.com	3	1	•			
Liftlock Bed and Breakfast 810 Canal Rd., Peterborough, Ontario 1-866-717-7707 liftlock-bed-and-breakfast.ca	3	3		•		Trent-Severn Waterway
Mary's Cottage and River House B&B 4069 County Rd. 32, Douro-Dummer, Ontario 705-743-1478 maryscottage.com	2	2	•			Otonabee River
Moffat House Bed & Breakfast 597 Weller St., Peterborough, Ontario 1-877-415-1646 moffathouse.ca	4	4	•			
Mount Pleasant Suite 2484 Albert St., Cavan, Ontario 705-772-8181 festivalhost.com	2		•		•	
Shambhala Bed and Breakfast 2825 County Rd. 36, Buckhorn, Ontario 1-866-957-8664 shambhala-bedandbreakfast.com	3	2		•		
Stillwater on the Lake 641 Lakeview Cres., Fire Rte. 1, Peterborough, Ontario 705-741-3886 stillwateronthelake.com	2	2	•			Chemong Lake
The Lake House 91 Lakeside Drive, Selwyn, Ontario 705-927-8612	2		•	•	•	Chemong Lake
Thirteen Moons Wellness 499 6th Line Rd, Norwood, Ontario 705-652-9329 thirteenmoons.ca	2					
Twin Pines Bed and Breakfast 1173 Clonsilla Ave., Peterborough, Ontario 705-749-2147 twinpinesbandb.com	4	2	•	•		
Waterford House Executive Suites 550 Waterford St., Peterborough, Ontario 705-743-4101 waterfordexecutivesuites.com	1	1	•		•	
Wee Butt 'N' Ben 58 Bridge St., Lakefield, Ontario 705-652-7601 weebuttnben.com	3					

Girls Getaway

Elmhirst's Resort 1045 Settlers Line Keene, ON



Golden Pathways Retreat and B&B

3075 Wallace Point Rd., Otonabe-South Monaghan, ON

The Village Inn of Lakefield

39 Queen St. Lakefield, ON

Thirteen Moons Wellness

499 6th Line Rd Norwood, ON

Golden Beach Resort

7100 County Rd. 18, Roseneath, ON



Camping and Trailer Parks	Seasonal Sites	Tent Sites	Trailer Sites	Beach	Pet Friendly	Pumpout Station	Water Access
Bailey's Bay Resort 78 Lindsay Rd., Peterborough, Ontario 705-748-9656 parkbridge.com/en-ca/rv-cottages/ Baileys-Bay							Chemong Lake
Bancroft Tent & Trailer Camp 27366 HWY 62 S, Bancroft, Ontario 613-332-2183 bancroftcamp.ca	60	8	8	•	•	•	Marble Lake
Beavermead Campground 2011 Ashburnham Dr., Peterborough, Ontario 1-855-742-9712 beavermeadcampground.com	98	46	52	•	•	•	Little Lake
Bensfort Bridge Resort 1821 County Rd. 2, Bailieboro, Ontario 705-939-6515 bensfortbridgeresort.com	40	5	10	•	•		Otonabee River
Birdsall Beach Resort 1170 Birdsall Line, Hastings, Ontario 1-866-350-9395 birdsallbeach.com	210	4	24	•	•	•	Rice Lake
Cadigan's Camp & Resort 305 Cadigan Rd., Ennismore, Ontario 1-877-292-9403 cadiganscamp.com	55	5	5				Pigeon Lake
Camp Ashtabula Cottages & Trailer Park 626 Elim Lodge Rd., Lakehurst, Ontario 1-877-657-7977 campashtabula.com	65						Pigeon Lake
Camp Fisherman Cottage & Trailer Resort 42 Fire Route 75, Lakehurst, Ontario 1-800-616-6712 campfisherman.com	90						Pigeon Lake
Elim Lodge Christian Resort & Conference Centre 696 Elim Lodge Rd., Lakehurst, Ontario 1-800-420-6287 elimlodge.com	157		15				Pigeon Lake
Emily Provincial Park 797 Emily Park Rd., Omemee, Ontario 705-799-5170 ontarioparks.com/park/emily		299	170	•		•	Pigeon Lake
Friendly Acres 278 Friendly Acres Rd, Box 8, Hastings, Ontario 1-800-265-8841 friendlyacres.net			4				Trent River
Golden Beach Resort 7100 County Rd. 18, Roseneath, Ontario 1-800-263-7781 goldenbeachresort.com	200	75	63			•	Rice Lake
Kawartha Trails Resort 100 Old Bridge Rd., Peterborough, Ontario 705-745-4077 kawarthatrailsresort.com			10		•	•	Otonabee River
Lakefield Park & Campground 59 Hague Blvd., Lakefield, Ontario 1-866-316-8841 lakefieldcampgrounds.ca		117	43	•	•	•	Katchewanooka Lake
Lancaster Cottage and Trailer Resort 691 Frank Hill Rd., Peterborough, Ontario 1-877-391-0110 lancasterresort.com	50		2	•	•		Chemong Lake
Parkbridge Regional Sales Office 78 Lindsay Rd., Peterborough, Ontario 705-750-0507 parkbridge.com	348		10				Various
Pilgrim's Rest Campground 23 Cheboutequion Dr., North Kawartha, Ontario 705-877-2886 pilgrimsrest.ca	48	14	30	•	•	•	Stoney Lake
Pineaires Resort Inc. 54 Fire Route 32, Elbow Point Rd., Buckhorn, Ontario 1-888-287-9637 pineaires.com/home.html	110	20	10			•	Sandy Lake
Southview Cottages & RV Park 875 Southview Dr., Bailieboro, Ontario 705-939-6761 southviewcottages.com		12	12	•			Rice Lake

Camping and Trailer Parks	Seasonal Sites	Tent Sites	Trailer Sites	Beach	Pet Friendly	Pumpout Station	Water Access
Spring Rock Camp 2770 Millage Rd., Young's Point, Ontario 705-654-3729 springrock.ca	117	10	10	•	•	•	Lower Buckhorn Lake
Stoney Point Resort 1003 River Rd., Hastings, Ontario 705-696-2107 stoneypointresort.ca	105		5	•	•		Rice Lake
Tower Manor Lodge 5194 Tower Manor Rd., Bewdley, Ontario 905-342-2078 towermanorlodge.com	33	14	14				Rice Lake
Warsaw Caves Conservation Area and Campground 289 Caves Rd., Warsaw, Ontario 1-877-816-7604 warsawcaves.com		52	10	•	•		Indian River
Woodland Camp Site 209 Allen's Rd., Lakehurst, Ontario 1-877-854-5644 woodlandcampsite.com	110	25	40	•		•	Buckhorn Lake
Houseboating							
Egan Houseboat Rentals 23 Lila Court, Omemee, Ontario 1-800-720-3426 houseboat.on.ca							Pigeon Lake
Happy Days Houseboats 5 Colony Rd., Bobcaygeon, Ontario 705-738-2201 happydayshouseboats.com					•	•	Pigeon Lake

Hotels, Motels & Inns	# of Rooms	Breakfast served	Pet Friendly	Pool	Water Access
Best Western Plus Otonabee Inn 84 Landsdowne St E, Peterborough, Ontario 1-800-373-5843 bwotonabee.com	96	•		•	Meade Creek
Blue Jay Motel 1165 Hwy 7 E., Peterborough, Ontario 1-888-745-5205 bluejaymotel.ca	16				
Burleigh Falls Inn 4791 Hwy 28 N, North Kawartha, Ontario 705-654-3441 burleighfallsinn.com	20			•	Stoney Lake
Comfort Hotel & Suites 1209 Lansdowne St. W., Peterborough, Ontario 1-877-316-9948 choicehotels.ca/cn159	103	•	•	•	
Fleming College Sutherland Residence Village 1 Residence Circle, Peterborough, Ontario 1-866-353-6464 flemingcollege.com	400				
Holiday Inn Peterborough Waterfront 150 George St. N., Peterborough, Ontario 1-866-258-5181 holidayinn.com/waterfront	153			•	Little Lake
Motel 6 Peterborough 133 Lansdowne St. E., Peterborough, Ontario 1-800-4-Motel-6 motel6.com	85		•		
Park Side Motel 958 Highway 7 East, Peterborough, Ontario 705-741-1316 parksidemotel.ca	12		•		
Peterborough Inn & Suites Hotel 312 George St. N., Peterborough, Ontario 1-866-446-4451 peterboroughinn.com	33	•			

Rooms with a view:

01

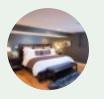
The Lake House

91 Lakeside Drive, Selwyn, ON

02

Stillwater on the Lake

641 Lakeview Cres, Peterborough, ON



03 Shambhala Bed & Breakfast

2825 County Rd. 36, Buckhorn, ON Peterborough

04

Happy Days Houseboats

5 Colony Rd., Bobcaygeon, ON

05

Parks Canada

oTENTik Lock 24 -Douro, ON

Meetings & Conferences Welcome

01 Best Western Otonabee Inn

84 Lansdowne St. E. Peterborough, ON

02

Holiday Inn Peterborough Waterfront

150 George St. N. Peterborough, ON



03

Pine Vista Resort

932 Gilchrist Bay Rd. Douro-Dummer, ON

04

Trent University Conference & Hospitality Services

1600 West Bank Drive, Peterborough, ON

05

Fleming College Sutherland Residence Village 599 Brealey Dr, Peterborough, ON

Hotels, Motels & Inns	# of Rooms	Breakfast Served	Pet Friendly	Pool	Water Access
Quality Inn 1074 Lansdowne St. W., Peterborough, Ontario 1-877-316-9949 choicehotels.ca/cn290	117	•	•		
Robyn's Motel 1136 Hwy 7 E., Peterborough, Ontario 1-877-745-3225 robynsmotel.com	11				
Super 8 Hotel Peterborough 1257 Lansdowne St. W., Peterborough, Ontario 1-866-630-7666 super8peterborough.com	82	•	•	•	
The Village Inn of Lakefield 39 Queen St., Lakefield, Ontario 1-800-827-5678 villageinn.ca	26	•	•		
Trent University Conference & Hospitality Services 1600 West Bank Dr., Peterborough, Ontario 1-866-290-6491 trentu.ca/conferences	1000	•			

Resorts & Cottages	Lodge Rooms	# of Cottages	Docking Facilities	Food & Beverage	Open Year Round	Pet Friendly	Minimum Stay	Water Access
Anglers' Retreat 723 Bolin Rd., Keene, Ontario 1-866-693-8365 fishingricelake.com		14	•		•	•	•	Rice Lake
Ardagh Cottage Resort 3185 Fire Rte. 7A, Lakefield, Ontario 1-877-888-5603 ardaghresort.on.ca		10	•					Lovesick Lake
Bailey's Bay Resort 78 Lindsay Rd., Peterborough, Ontario 705-748-9656 parkbridge.com/en-ca/rv-cottages/Baileys-Bay		2	•			•		Chemong Lake
Bayview Cottages 25 Fire Rte. 36, Havelock, Ontario 1-800-981-8660 bayviewwaterfrontfamilycottageontario.ca		8	•			•		Round Lake
Beachwood Resort 3043 Beachwood Rd., Lakefield, Ontario 1-888-313-1118 beachwoodresort.com	12	18	•	•	•			Lower Buckhorn Lake
Bellmere Winds Resort 1235 Villiers Line, Keene, Ontario 705-295-3000 bellmerewinds.greatblueresorts.com/		18	•			•	•	Rice Lake
Bensfort Bridge Resort 1821 County Rd. 2, Bailieboro, Ontario 705-939-6515 bensfortbridgeresort.com		4	•				•	Otonabee River
Birch Bend Cottage Resort 2554 Buckhorn Rd, Lakefield, Ontario 1-866-638-7886 birchbendresort.com		10	•		•	•		Chemong Lake
Blue Mountain Lodge in the Kawarthas 124 Blue Mountain Rd., Lakefield, Ontario 705-877-2159 bluemountainlodge.ca		7	•					Kasshabog Lake
Buckhorn Narrows Summer Resort Buckhorn Narrows Rd., Buckhorn, Ontario 705-657-8802 buckhornnarrows.com		10	•			•	•	Buckhorn Lake
Cadigan's Camp & Resort 305 Cadigan Rd., Ennismore, Ontario 1-877-292-9403 cadiganscamp.com		8	•		•	•		Pigeon Lake
Camp Ashtabula Cottages & Trailer Park 626 Elim Lodge Rd., Lakehurst, Ontario 1-877-657-7977 campashtabula.com		9	•				•	Pigeon Lake

Resorts & Cottages	Lodge Rooms	# of Cottages	Docking Facilities	Food & Beverage	Open Year Round	Pet Friendly	Minimum Stay	Water Access
Camp Fisherman Cottage & Trailer Resort 42 Fire Route 75, Lakehurst, Ontario 1-800-616-6712 campfisherman.com		14	•			•		Pigeon Lake
Catalina Bay Resort 17 Fire Route 82B, Buckhorn, Ontario 705-657-1655 catalinabayresort.com		19	•	•	•	•	•	Big Bald Lake
Caygeon Cove Resort 12 Fire Route 122, Trent Lakes, Ontario, 705-738-2744 caygeoncove.com		7	•				•	Pigeon Lake
Clearview Cottage Resort 462 South Beach Rd., Young's Point, Ontario 705-652-3542 clearviewresort.com		20	•				•	Clear Lake
Eels Lake Cottages & Marina 807 Eels Lake Rd., Apsley, Ontario 705-656-1103 eelslake.com		3	•			•		Eels Lake
Eganridge Inn & Country Club Inc. 26 Country Club Dr., City of Kawartha Lakes, Ontario 1-888-452-5111 eganridge.com	18	5	•	•		•		Sturgeon Lake
Elim Lodge Christian Resort & Conference Centre 696 Elim Lodge Rd., Lakehurst, Ontario 1-800-420-6287 elimlodge.com	30	25	•		•			Pigeon Lake
Elm Grove Cottages 5 Elm Grove Rd., Keene, Ontario 705-295-2722 elmgroveresort.com		17				•		Rice Lake
Elmhirst's Resort 1045 Settlers Line, Keene, Ontario 1-800-461-1940 elmhirst.ca		30	•	•	•	•	•	Rice Lake
Emerald Isle Marina & Resort 1250 Emerald Isle Rd., Ennismore, Ontario 705-292-8452		8	•					Buckhorn Lake
Forest Hill Lodge 2959 Forest Hill Rd., Lakefield, Ontario 1-800-565-0771 foresthilllodge.com		7	•					Lovesick Lake
Friendly Acres 278 Friendly Acres Rd., Box 8, Hastings, Ontario 1-800-265-8841 friendlyacres.net		7	•			•		Trent River
Golden Beach Resort 7100 County Rd. 18, Roseneath, Ontario 1-800-263-7781 goldenbeachresort.com		60	•	•	•			Rice Lake
Highland View Resort 751 McGregor Bay Rd., Keene, Ontario 1-800-567-5607 highlandview.com		20	•				•	Rice Lake
Islandview Cottages 370 Carveth's Marina Rd., Lakefield, Ontario 705-652-0516 stonylakeislandviewcottages.com		3	•				•	Stoney Lake
Jack's Lake Lodge 1071 Jack's Lake Rd., Apsley, Ontario 705-656-9447 jackslakelodge.com		3	•			•		Jack Lake
Katchawanooka Resort 1865 Fire Rte. 56, Lakefield, Ontario 705-652-3242 katchawanooka.com		11	•				•	Katchewanooka Lake
Lake Edge Cottages 45 Lake Edge Rd., Lakefield, Ontario 1-866-525-3343 lakeedge.com		8	•			•	•	Katchewanooka Lake



Destinations to say "I Do"

Beachwood Resort

3043 Beachwood Rd. Lakefield, ON



02

Viamede Resort

595 Mount Julian Viamede Rd. Woodview, ON

03

South Pond Farms

1020 Gray Rd. Pontypool, ON

04

Burleigh Falls Inn

4791 Hwy 28 N. North Kawartha, ON

05

Westwind Inn on the Lake

61 Gallery on the Lake Rd. Buckhorn, ON

Resorts & Cottages	Lodge Rooms	# of Cottages	Docking Facilities	Food & Beverage	Open Year Round	Pet Friendly	Minimum Stay	Water Access
Lakeside Cottage Resort 1650 Stenner Rd., Lakefield, Ontario 705-652-7160 lakeside-cottages.com		5	•				•	Katchewanook Lake
Leisure Cottages County Rd. 46, Fire Rte. 65A, Havelock, Ontario 1-877-869-8267 leisurecottages.com		21	•		•	•		Oak Lake
Lone Maple Cottages 18 Fire Route 103G, Trent Lakes, Ontario, 705-738-2801 <i>lonemaplecottages.ca</i>		5	•			•		Pigeon Lake
Lonesome Pine Resort 2346 Pigeon Lake Rd., Bobcaygeon, Ontario 705-738-2684 parkbridge.com/en-ca/rv-cottages/ Lonesome-Pine						•		Pigeon Lake
Melody Bay Resort 33 Fire Route 26A, Buckhorn, Ontario 705-657-3351 melodybayresort.com		2	•			•		Upper Buckho Lake
Pigeon Lake Resort 36 Fire Rte. 101, Mill Line Rd., Trent Lakes, Ontario 705-738-2333 pigeonlakeresort.com		19	•		•	•	•	Pigeon Lake
Pine Vista Resort 932 Gilchrist Bay Rd., Douro-Dummer, Ontario 1-800-634-2848 pinevista.com		24	•		•			Stoney Lake
Pineaires Resort Inc. 54 Fire Route 32, Elbow Point Rd., Buckhorn, Ontario 1-888-287-9637 pineaires.com/home.html		6	•					Sandy Lake
Pioneer Point Resort 2560 Westview Rd., Lakefield, Ontario 705-657-8831 parkbridge.com/en-ca/rv-cottages/Pioneer- Point			•			•		Buckhorn Lak
Prestwood Cottages 35 Lake Edge Rd., Lakefield, Ontario 1-877-299-9227 prestwoodcottages.ca		4	•			•		Katchewanoo Lake
Scotsman Point Cottage Resort 467 Six Foot Bay Rd., Buckhorn, Ontario 1-800-267-1310 scotsmanpoint.com		27	•				•	Upper Buckho Lake
Shady Point Resort 3310 Buckhorn Rd., Buckhorn, Ontario 1-866-675-8559 shadypointresort.com		11	•			•		Upper Buckho Lake
Six Foot Bay Resort, Inc. 57 Fire Rte. 39, Buckhorn, Ontario 705-657-8788 sixfootbay.ca		16	•					Buckhorn Lak
Southview Cottages & RV Park 875 Southview Dr., Bailieboro, Ontario 705-939-6761 southviewcottages.com		52	•				•	Rice Lake
Sunshine Cove Cottage Resort 248 Paudash St., Keene, Ontario 1-877-295-4224 sunshinecove-ricelake.com		12	•			•		Rice Lake
The Birches Resort 148 Fire Route 36, Buckhorn, Ontario 1-800-265-9586 the-birches-resort.com		7	•			•		Upper Buckho Lake
Three Castles Resort 3355 Buckhorn Rd., Buckhorn, Ontario 1-800-924-2602 threecastles.com	3	14	•		•	•		Lower Buckho Lake
Tower Manor Lodge 5194 Tower Manor Rd., Bewdley, Ontario 905-342-2078 towermanorlodge.com		11	•			•		Rice Lake

Resorts & Cottages	Lodge Rooms	# of Cottages	Docking Facilities	Food & Beverage	Open Year Round	Pet Friendly	Minimum Stay	Water Access
Trent River Cottages 1329 County Rd 45., Hastings, Ontario 705-696-2861 trentcottages.ca		5	•				•	Trent River
Viamede Resort 595 Mount Julian Viamede Rd., Woodview, Ontario 1-800-461-1946 viamede.com	31	18	•		•	•		Stoney Lake
Wantasa Resort 472 Carveth's Marina Rd., Douro-Dummer, Ontario, 705-652-3577 wantasaresort.net		16	•					Stoney Lake
Westwind Inn on the Lake 61 Gallery on the Lake Rd., Buckhorn, Ontario 1-800-387-8100 westwindinn.net	35		•		•	•		Lower Buckhorn Lake
Whispering Pines Cottages 763 Bolin Rd., Keene, Ontario 1-877-295-6850 whisperingpinescottages.com		12	•					Rice Lake
Wildwood Cottage Resort 1328 2nd Line, Bailieboro, Ontario 705-939-6651 wildwoodcottageresort.ca		5	•			•		Otonabee River
Willowood Camp 4 Parker Dr., Roseneath, Ontario 1-877-352-2821 willowoodcamp.com		9	•			•		Rice Lake





Connect with us today!

VentureNorth 270 George St N., Suite 101 Located at the corner of King and George Streets in downtown Peterborough, Ontario.

Telephone: 705-742-2201 Toll Free: 1-800-461-6424 Email: info@thekawarthas.ca

Hours of Operation

Summer Winter

Open 7 days/week Monday to Friday 9:00 am - 5:00 pm E.S.T 9:00 am - 4:30 pm E.S.T

For more information including Visitor Centre Holiday Hours visit thekawarthas.ca/visitor-centre





Peterborough & the Kawarthas Visitor Centre



Visitor Centre

VentureNorth 270 George St N., Suite 101 Located at the corner of King and George Streets in downtown Peterborough, Ontario. 705-742-2201 Toll Free: 1-800-461-6424 info@thekawarthas.ca thekawarthas.ca/visitor-centre

